



45 HOURS

Mentor Coach Training Program

The Standard Pathway to the ICF Mentor Coach Specialization.

A 45-hour program for coaches ready to mentor, with real supervised practice behind the craft, not only the education hours.

Go further.



Who this is for

Practicing coaches ready to mentor others formally, who want supervised practice, not only the education hours, behind their mentoring.

ELIGIBILITY TO ENROL

A current ICF credential

PCC, or ACC that has completed at least one renewal. The renewal requirement ensures you bring real coaching experience to the mentoring role.

WHAT THIS PREPARES YOU TO DO

Mentor toward ACC and PCC

Mentor coaches working toward their ACC and PCC credentials. Holding a PCC, you can mentor toward both. Mentoring at the MCC level requires an MCC credential and is not covered by this program.

THE STANDARD PATHWAY DIFFERENCE

Unlike the Credit for Prior Learning route, the Standard Pathway does not ask you to have already mentored five coaches. The supervised practice in this program is your mentoring experience. This is the route for coaches ready to start.

The program at a glance

**10 ICF CCE Hours****ACCREDITED BY ICF**
CORE COMPETENCIES

The program includes these 10 ICF CCE-accredited hours as its foundation. The further hours are mentor coaching education and supervised practice.

Forty-five hours. The full ten-hour CCE foundation, deepened teaching, and supervised practice. Delivered live, with practice between sessions.

01 Foundation and Ethics

What mentor coaching is, the competency model, and the ethical ground it stands on.

02 Agreements and Process

Contracting, the engagement arc, role boundaries, and managing the work over time.

03 Formative Appraisal

THE HEART OF THE COURSE

Appraisal against ICF standards, faculty reference cases, and live calibration.

04 Developmental Conversation

Feedback that develops, the developmental question, and delivery that lands.

05 Group Mentor Coaching

Facilitating and managing the group mentoring process.

06 Supervised Practice

Triads where you mentor, coach, and are coached, mentoring a real coach, and one-to-one review of your own mentoring. This is the practice the Standard Pathway is built on.

THE DIFFERENCE

Why Elevate Life

Most courses teach the model. We train your eye against it.

The hard part of mentor coaching is not knowing the competencies. It is judging, consistently, whether a real coaching moment meets the standard, then giving feedback that helps. This program builds that judgment directly. You appraise real sessions, compare your rating against an experienced assessor's, and work through where and why coaches disagree. Then you practise the mentoring itself, in supervised triads and with a real coach. You leave able to appraise with consistency, defend your reasoning, and mentor with confidence.



The pathway, honestly

STEP 1

This program

The mentor coaching education the Standard Pathway requires, more than 41 hours. This program meets that in full, and we deliver more than half of it live.

YOU ARE HERE

STEP 2

ICF evaluator training

ACC BARS or PCC Markers, a separate requirement in every case, completed through ICF directly.

STEP 3

No prior mentoring experience required

Unlike the Credit for Prior Learning route, the Standard Pathway does not require you to have mentored before. Your supervised practice here counts.



MCS, Standard Pathway

Qualified to mentor toward ACC and PCC.

We map every step with you at the close of the program, so you leave knowing exactly where you stand and what remains.

WHO YOU LEARN WITH

Your facilitator



Adnan Hussain

ICF PCC

Adnan Hussain, ICF PCC. Founder of Elevate Life Training and Coaching. MBA, IBA Karachi.

From coaches Adnan has mentored

"I found the mentor session really productive and helpful. Thank you for your time and insights."

Keshav

"I learned to ask questions that evoke awareness, rather than opening the door for me to give advice."

Mary

"Honest, clear, and incredibly supportive. His feedback was both direct and encouraging, helping me see my strengths while identifying specific areas for growth. I left energized, focused, and excited to continue developing as a coach."

Tiffany Garcia, ACC, BCC

GET IN TOUCH

Ready to go further?

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If this is your next step, we would love to hear from you.



INCLUDES 10 ICF CCE-
ACCREDITED HOURS

